



INCORPORATE PSYCHOLOGY

# CAREER COACHING & TRANSITION

## *Introducing Nina Perry*

ICP is delighted to welcome Nina Perry to the team. Nina specialises in career counselling, transition and pathways & is a professional career coach with a mission to support others to engage in work that capitalises on their unique strengths, interests and abilities.

Nina has assisted over 2,500 individuals with planning and managing their careers. Nina also facilitates workshops and seminars in career management for audiences of all ages and backgrounds.

In these challenging times, where career pathways have been impacted by the changing covid-19 landscape, ICP is delighted to have Nina on board to help individuals set, pivot or re-chart their career plans. So if you or someone in your family or networks has been impacted by covid, is leaving school or university, or considering a career change, please reach out today so we can build a better tomorrow.



# CAREER SERVICES

Are you feeling like you've hit a roadblock with your career or has the path you were on changed outside of your control? Are you feeling anxious, frustrated & unfulfilled? Or have you lost belief in yourself or confidence in your abilities? If you want to invest in your future and get your career back on track, services include:

- Professional career counselling & coaching
- Decision making support for pathways and transition
- Managing psychological boundaries between work & home
- Developing meaningful career goals
- Assessment to identify career themes, values & motivators
- Outplacement programs
- Interviewing and presentation skills
- Career workshops and seminars

Nina Perry is a Professional Member of the Career Development Association of Australia (CDAA), a Strong Interest Certified Practitioner & an Accredited Strengths Practitioner. Qualifications include a Graduate Certificate in Career Education & Development from RMIT, a Bachelor of Psychology (Honours) & a Bachelor of Business (Marketing) both from Griffith University.

*Your career is arguably your number one asset and it influences many other aspects of your life. It deserves the same care and attention as your health and finances. As you would in these areas, you should seek support from a highly trained specialist.*